

CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events



RAJESH SINGH
Spiritual Psychologist, Past life Regression & Energy Medicine Alchemist!



DR. WAIL AL HUNAIDI
Psychotherapist & Mental Health Coach



GURBANI KAUR
Anxiety, Depression & Clinical Issue Expert, Psychologist & Hypnotherapist



ZAKIA KAZI
Holistic Well-Being Guide



MONA HASSI
Clairvoyant & Co-Active Life Coach





SARA SYED
Certified Rapid Transformation Therapy Practitioner, Hypnotherapist & Mindset Coach



NISHI KAUR
Grapho-Diagnostics & Drawing Analysis Expert & Hypnotherapist

APRIL 2021

SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

	<p>B108 (B1-RET-3), Horizon Towers, City of Lights, Reem Island, Abu Dhabi, UAE</p>		<p>@ info.abudhabi@illuminationsworld.com +971-52-496-6387 www.abudhabi.illuminations.ae</p>			<ul style="list-style-type: none"> Free online meditations Special rate for an online 1-on-1 private session Special discounts for online certified training courses 		
							<p>1 Free Onsite/Online Seminar! Learning the Science of INspiration & EXpiration of INhalation & EXhalation with Gurbani Kaur 6pm - 7pm (Limited to 10 seats only for onsite)</p>	<p>2</p>
<p>3 Free Online/Onsite Seminar! Spiritual Saturdays: Understanding the Wheels of Life (Chakras and their Connections with Emotions) with Rajesh Singh 6:30pm - 7:30pm</p>	<p>4 Free Onsite Workshop! Breathwork for Aligning the Body with Gurbani Kaur 6pm - 6:45pm (Limited to 7 seats only)</p>	<p>5 ندوة مجانية باللغة العربية! حقيقة العلاج بالطاقة 6pm - 7pm (Limited to 10 seats only for onsite)</p>		<p>6</p>	<p>7 Free Onsite Seminar! Know your Love Language through Graphology with Nishi Kaur 6pm - 7pm (Limited to 10 seats only for onsite)</p>	<p>8 Free Online Seminar! An Introduction to Theta Healing with Farah Hamdan 6pm - 7pm</p>	<p>9 Onsite Training! Theory Hypnotherapy Level 5 with Yuvraj Kapadia April 9th-12th 9am-6pm AED 5300/-</p>	
<p>10 Free Online/Onsite Seminar! Spiritual Saturdays: Emotional Freedom from the Heavy and Stubborn Patterns with Rajesh Singh 6:30pm - 7:30pm</p>	<p>11 Free Onsite Workshop! Breathwork for Shadow Self with Gurbani Kaur 6pm - 6:45pm (Limited to 7 seats only)</p>	<p>12 Onsite Meditation! New Moon Meditation Special – Creating the Space for New to Come with Gurbani Kaur 8pm-9pm AED 150/- (Limited to 7 seats only)</p>		<p>13</p>	<p>14 Free Onsite/Online Seminar! Immunity Boosting Event - Covid -19 with Sara Syed 8pm - 9pm (Limited to 10 seats only for onsite)</p>	<p>15 Free Online Seminar! Fear of Failure with Farah Hamdan 8pm - 9pm</p>	<p>16 Onsite Training! USUI Reiki Level 1 and 2 with Zakia Kazi April 16th – 17th 10am – 5pm AED 2500/- Onsite Workshop! Emotional Release and Self-Empowerment (Self-Healing with Emotional Freedom Technique for Emotions and Pain Management) with Rajsh Singh 11am - 3pm AED 499/-</p>	
<p>17 Free Online/Onsite Seminar! Spiritual Saturdays: Learning to Say NO and Drawing Boundaries with Rajesh Singh 8pm - 9pm</p>	<p>18 Free Onsite Workshop! Breathwork for Security & Shielding with Gurbani Kaur 8pm - 8:45pm (Limited to 7 seats only)</p>	<p>19 ندوة مجانية باللغة العربية! طرق التعامل مع نوبات الهلع.. مع الدكتور وائل الهندي 8pm - 9pm (Limited to 10 seats only for onsite)</p>		<p>20 Free Online Seminar! Fighting with your Own Judgments with Nishi Kaur 8pm - 9pm</p>	<p>21 Onsite Training! Practical Hypnotherapy Level 5 with Yuvraj Kapadia April 21st-24th 9am-6pm</p>	<p>22 Free Online Seminar! Relationships Failure with Farah Hamdan 8pm - 9pm</p>	<p>23</p>	
<p>24 Free Online/Onsite Seminar! Spiritual Saturdays: Learning the Laws of Life with Rajesh Singh 8pm - 9pm Onsite Course! Basic Meditation Practitioner Course with Zakia Kazi 10am – 5pm AED 1500/- (Limited to 10 seats only)</p>	<p>25 Free Online Workshop! Breathwork for Creativity with Gurbani Kaur 8pm - 8:45pm</p>	<p>26 Onsite Workshop! Ace in your Exams with Confidence – a 21-day Challenge with Sara Syed 8pm – 9:30pm (Limited to 10 seats only)</p>		<p>27 Online Meditation! Full Moon Meditation Special – Embracing your Full Potential with Gurbani Kaur 8pm – 9pm AED 100/-</p>	<p>28</p>	<p>29 ندوة مجانية باللغة العربية! كيف يخدمنا الكبرياء مع فرح حمدان 8pm - 9pm</p>	<p>30 Onsite Training! Usui Reiki/ Holy Fire III Level 3 and Master with Zakia Kazi April 30th to May 1st 10am – 5pm AED 4000/- Onsite Workshop! Quantum Chakras and Crystal Healing with Rajesh Singh 11am - 6pm AED 699/-</p>	

We trust you are staying safe and taking all precautionary measures during these challenging times.

In our efforts to support the community we are keeping many meditations & Seminars FREE!! *Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe