


CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events



**RAJESH SINGH**  
Spiritual Psychologist, Past life Regression & Energy Medicine Alchemist!



**DR. WAIL AL HUNAIDI**  
Psychotherapist & Mental Health Coach



**GURBANI KAUR**  
Anxiety, Depression & Clinical Issue Expert, Psychologist & Hypnotherapist



**ZAKIA KAZI**  
Holistic Well-Being Guide



**MONA HASSI**  
Clairvoyant & Co-Active Life Coach




**SARA SYED**  
Certified Rapid Transformation Therapy Practitioner, Hypnotherapist & Mindset Coach



**NISHI KAUR**  
Grapho-Diagnostics & Drawing Analysis Expert & Hypnotherapist

# APRIL 2021

**SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY**



B108 (B1-RET-3), Horizon Towers, City of Lights, Reem Island, Abu Dhabi, UAE  
 @ info.abudhabi@illuminationsworld.com  
 +971-52-496-6387  
 www.abudhabi.illuminations.ae



- Free online meditations
- Special rate for an online 1-on-1 private session
- Special discounts for online certified training courses

						1 <b>Free Onsite/Online Seminar!</b> Learning the Science of INspiration & EXpiration of INhalation & EXhalation with Gurbani Kaur   6pm - 7pm (Limited to 10 seats only for onsite)	2
3 <b>Free Online/Onsite Seminar!</b> Spiritual Saturdays: Understanding the Wheels of Life (Chakras and their Connections with Emotions) with Rajesh Singh 6:30pm - 7:30pm	4 <b>Free Onsite Workshop!</b> Breathwork for Aligning the Body with Gurbani Kaur 6pm - 6:45pm (Limited to 7 seats only)	5 <b>ندوة مجانية باللغة العربية!</b> حقيقة العلاج بالطاقة 6pm - 7pm (Limited to 10 seats only for onsite)	6 <b>ندوة مجانية باللغة العربية على الانترنت!</b> علاج الروح مع منى هاسي 6pm - 7pm	7 <b>Free Onsite Seminar!</b> Know your Love Language through Graphology with Nishi Kaur 6pm - 7pm (Limited to 10 seats only for onsite)	8 <b>Free Online Seminar!</b> An Introduction to Theta Healing with Farah Hamdan 6pm - 7pm	9 <b>Onsite Training!</b> Theory Hypnotherapy Level 5 with Yuvraj Kapadia April 9th-12th   9am-6pm   AED 5300/-	
10 <b>Free Online/Onsite Seminar!</b> Spiritual Saturdays: Emotional Freedom from the Heavy and Stubborn Patterns with Rajesh Singh 6:30pm - 7:30pm	11 <b>Free Onsite Workshop!</b> Breathwork for Shadow Self with Gurbani Kaur 6pm - 6:45pm (Limited to 7 seats only)	12 <b>Onsite Meditation!</b> New Moon Meditation Special – Creating the Space for New to Come with Gurbani Kaur 6pm-7pm   AED 150/- (Limited to 7 seats only)	13	14 <b>Free Onsite/Online Seminar!</b> Immunity Boosting Event - Covid -19 with Sara Syed 8pm - 9pm (Limited to 10 seats only for onsite)	15 <b>Free Online Seminar!</b> Fear of Failure with Farah Hamdan 8pm - 9pm	16 <b>Onsite Training!</b> USUI Reiki Level 1 and 2 with Zakia Kazi April 16th – 17th   10am – 5pm   AED 2500/-	
17 <b>Free Online/Onsite Seminar!</b> Spiritual Saturdays: Learning to Say NO and Drawing Boundaries with Rajesh Singh 8pm - 9pm	18 <b>Free Onsite Workshop!</b> Breathwork for Security & Shielding with Gurbani Kaur 8pm - 8:45pm (Limited to 7 seats only)	19 <b>Onsite Workshop!</b> Emotional Release and Self-Empowerment (Self-Healing with Emotional Freedom Technique for Emotions and Pain Management) with Rajsh Singh 12pm - 4pm   AED 499/-	20 <b>Free Online Seminar!</b> Fighting with your Own Judgments with Nishi Kaur 8pm - 9pm	21 <b>Onsite Training!</b> Practical Hypnotherapy Level 5 with Yuvraj Kapadia April 21st-24th   9am-6pm	22 <b>Free Online Seminar!</b> Relationships Failure with Farah Hamdan 4pm - 5pm	23	
24 <b>Free Online/Onsite Seminar!</b> Spiritual Saturdays: Learning the Laws of Life with Rajesh Singh 8pm - 9pm <b>Onsite Course!</b> Basic Meditation Practitioner Course with Zakia Kazi 10am – 5pm   AED 1500/- (Limited to 10 seats only)	25 <b>Free Online Workshop!</b> Breathwork for Creativity with Gurbani Kaur 8pm - 8:45pm	26	27 <b>Online Meditation!</b> Full Moon Meditation Special – Embracing your Full Potential with Gurbani Kaur 8pm – 9pm   AED 100/-	28	29 <b>ندوة مجانية باللغة العربية!</b> كيف يخدمنا الكبرياء مع فرح حمدان 4pm - 5pm	30 <b>Onsite Training!</b> Usui Reiki/ Holy Fire III Level 3 and Master with Zakia Kazi April 30th to May 1st   10am – 5pm AED 4000/- <b>Onsite Workshop!</b> Quantum Chakras and Crystal Healing with Rajesh Singh 11am - 6pm   AED 699/-	

**We trust you are staying safe and taking all precautionary measures during these challenging times.**

In our efforts to support the community we are keeping many meditations & Seminars FREE!! \*Online Payment is available through our Website or Pay Tabs link. \*For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. (\*T & C Apply)

**We would request your support on this. #staysafe**