



HIFZA JILLANI
Reiki Master &
Energy Healer



RAJESH SINGH
Spiritual Psychologist,
Past life Regression &
Energy Medicine Alchemist!



DR. WAIL AL HUNAIDI
Psychotherapist & Mental
Health Coach



NISHI KAUR
Grapho-Diagnostics &
Drawing Analysis Expert
& Hypnotherapist



GURBANI KAUR
Anxiety, Depression & Clinical
Issue Expert, Psychologist
& Hypnotherapist



SARA SYED
Certified Rapid Transformation
Therapy Practitioner,
Hypnotherapist & Mindset Coach



FARAH HAMDAN
ThetaHealing
Instructor

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>ONSITE/ONLINE MEDITATION 1 AUG</p> <p>Meditation for Relieving Work Stress with Nishi Kaur 7pm-8pm AED 75/-</p>	<p>ONLINE SUPPORT GROUP 2 AUG</p> <p>Hypnotherapy Support Group (Exclusive for Hypnotherapy Students) with Rajesh Singh 6pm-7pm FREE</p>	<p>FREE ONLINE MEDITATION 3 AUG</p> <p>Trance Tuesday Meditation: Manifest Abundance with Hifza Jillani 6pm - 7pm FREE</p>	<p>FREE WEBINAR 4 AUG</p> <p>Understanding Destiny and Choice: Why We Get Stuck? with Rajesh Singh 6pm-7pm FREE</p>	<p>ONSITE/ONLINE MEDITATION 5 AUG</p> <p>Meditative Music Night for Ancestral Blessings with Nishi Kaur 7pm-8pm AED 75/-</p>	<p>ONSITE WORKSHOP 6 AUG</p> <p>Le Couples Ritual: Soul Gazing – Level 1 with Hifza Jillani 6pm – 7pm (Limited to 10 Seats Only) AED 100/- for single AED 170/- for couple</p> <p>ONSITE/ONLINE WORKSHOP 6 AUG</p> <p>BreathWork for Root Chakra with Gurbani Kaur 8pm – 8:45pm AED 80/-</p>
<p>ONSITE WORKSHOP 7 AUG</p> <p>Call of the Destiny! with Rajesh Singh August 7th - 8th 6pm - 8pm AED 800/- (Limited to 7 Seats Only)</p>	<p>ONSITE/ONLINE MEDITATION 8 AUG</p> <p>Meditation for Body Relaxation with Nishi Kaur 7pm-8pm AED 75/-</p> <p>ONLINE MEDITATION 8 AUG</p> <p>Darkness to Light Crystal Grid: A New Moon Meditation with Gurbani Kaur 8pm - 9pm AED 150/- (Limited to 7 seats only)</p>	9 AUG	<p>ONSITE GUIDED MEDITATION 10 AUG</p> <p>Trance Tuesday Meditation: Find your Life's Purpose with Hifza Jillani 6pm - 7pm AED 80/- (Limited to 7 seats only)</p>	<p>ONSITE WORKSHOP 11 AUG</p> <p>Women's Wellness Wednesday: Fire Ceremony with Hifza Jillani 6pm - 8pm AED 100/- (Limited to 7 seats only)</p>	<p>ONSITE/ONLINE MEDITATION 12 AUG</p> <p>Meditative Music Night for Raising Your Vibration with Nishi Kaur 7pm-8pm AED 75/-</p>	<p>ONSITE TRAINING! 13 AUG</p> <p>Hypnotherapy Level 2 with Rajesh Singh August 13th-15th / 20th-21st 10am - 6pm AED 3630/-</p> <p>ONSITE/ONLINE WORKSHOP 13 AUG</p> <p>BreathWork with Sacral Chakra with Gurbani Kaur 8pm - 8:45pm AED 80/-</p>
<p>FREE WEBINAR 14 AUG</p> <p>Introduction to Meditation with Guided Meditation with Zakia Kazi 7pm-8pm FREE</p>	<p>ONSITE/ONLINE MEDITATION 15 AUG</p> <p>Tibetan Sound Healing Meditation with Nishi Kaur 7pm-8pm AED 75/-</p> <p>ONSITE WORKSHOP 15 AUG</p> <p>Women's Circle: Embracing the Divine Feminine with Gurbani Kaur 8pm-9pm AED 80/- (Limited to 7 Seats Only)</p>	<p>FREE WEBINAR 16 AUG</p> <p>How to Awaken Kundalini and its Benefits with Hifza Jillani 6pm-7pm FREE</p>	<p>ONSITE GUIDED MEDITATION 17 AUG</p> <p>Trance Tuesday Meditation: Unlock Your Book of Life with Hifza Jillani 6pm-7pm AED 80/- (Limited to 7 seats only)</p>	<p>FREE WEBINAR 18 AUG</p> <p>Understanding Quantum Chakra Influence in your Daily Life! with Rajesh Singh 6pm-7pm FREE</p>	<p>ONSITE WORKSHOP 19 AUG</p> <p>Trippy Thursday: Shamanic Trance Dance with Hifza Jillani 6pm - 7pm AED 80/- (Limited to 7 seats only)</p> <p>ONSITE/ONLINE MEDITATION 19 AUG</p> <p>Meditative Music Night for Attracting Love with Nishi Kaur 7pm-8pm AED 75/-</p>	<p>ONSITE/ONLINE WORKSHOP 20 AUG</p> <p>BreathWork for Solar Chakra with Gurbani Kaur 8pm - 8:45pm AED 80/-</p>

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ONSITE TRAINING 21 AUG</p> <p>Meditation Beginners Course with Zakia Kazi August 21st 10am – 4pm AED 799/- (Limited to 7 seats only)</p> <p>FREE WEBINAR 21 AUG</p> <p>ندوة مجانية على الانترنت! نقلة ووعي مع الاكسس بارز مع سميحة أبوصعب 7pm-8pm FREE</p>	<p>ONSITE MEDITATION 22 AUG</p> <p>Kundalini Full Moon Ritual: Spiritual Awakening with Hifza Jillani 5:30pm – 7:30pm AED 150/- (Limited to 7 seats only)</p> <p>FREE WEBINAR 22 AUG</p> <p>How to Discover Different Dimensions of Self Love through Family Constellations with Irina Khanna 6pm-7pm FREE</p> <p>ONSITE MEDITATION 22 AUG</p> <p>Dream to Reality with Grain Moon Crystal Grid: A Full Moon Meditation with Gurbani Kaur 8pm – 9pm AED 150/- (Limited to 7 seats only)</p>	<p>FREE WEBINAR 23 AUG</p> <p>Learn All About Astrology & Master Your Life with Hifza Jillani 6pm-7pm FREE</p>	<p>ONSITE GUIDED MEDITATION 24 AUG</p> <p>Trance Tuesday Meditation: Meet your Spirit Guides with Hifza Jillani 6pm-7pm AED 80/- (Limited to 7 seats only)</p>	<p>ONSITE WORKSHOP 25 AUG</p> <p>Quantum Chakra Healing with Rajesh Singh 10am – 6pm AED 1200/- (Limited to 7 seats only)</p>	<p>ONSITE/ONLINE MEDITATION 26 AUG</p> <p>Mantra Meditation Om Chanting with Nishi Kaur 7pm-8pm AED 75/-</p>	<p>ONSITE TRAINING 27 AUG</p> <p>USUI/Holy Fire Reiki Level 1 & 2 with Zakia Kazi August 27th-28th 10am – 6pm AED 2500/- (Limited to 7 seats only)</p> <p>ONSITE/ONLINE WORKSHOP 27 AUG</p> <p>BreathWork for Heart Chakra with Gurbani Kaur 8pm – 8:45pm AED 80/-</p>
<p>FREE WEBINAR 28 AUG</p> <p>Learn How to Nurture & Heal Your Relationships with Irina Khanna 6pm-7pm FREE</p> <p>ONSITE WORKSHOP 28 AUG</p> <p>Astrology Series: Discover Your Missing Element with Hifza Jillani 6pm – 7:30pm AED 100/- (Limited to 7 seats only)</p>	<p>ONSITE/ONLINE MEDITATION 29 AUG</p> <p>Meditation to Ignite your Healing Power With Tibetan Sound with Nishi Kaur 7pm – 8pm AED 75/-</p> <p>ONSITE WORKSHOP 29 AUG</p> <p>Women’s Circle: Healing & Awakening the Spiritual Goddess with Gurbani Kaur 8pm – 9pm AED 80/- (Limited to 7 seats only)</p>	<p>FREE WEBINAR 30 AUG</p> <p>ندوة مجانية باللغة العربية! قانون الطاقة الإيجابية 6pm-7pm FREE</p>	<p>ONSITE MEDITATION 31 AUG</p> <p>Trance Tuesday Meditation: Manifest Weight-loss & Healthy Body with Hifza Jillani 6pm-7pm AED 80/- (Limited to 7 seats only)</p>			

WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

*Online Payment is available through our Website or Pay Tabs link.

*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



FREE ONLINE MEDITATIONS

SPECIAL RATE FOR AN ONLINE 1-ON-1 PRIVATE SESSION

SPECIAL DISCOUNTS FOR ONLINE CERTIFIED TRAINING

COURSES