



RAJESH SINGH
International Senior
Facilitator & Quantum
Hypnotherapist



DR. BASSAM SAAB
Certified Hypnotherapist,
Psychotherapist and
Pranic Healer



FARSHAD MALEKI
Reiki Healer and Life Coach



HIFZA JILLANI
Reiki Master &
Energy Healer



GURBANI KAUR
Anxiety, Depression & Clinical
Issue Expert, Psychologist
& Hypnotherapist



NISHI KAUR
Grapho-Diagnostics &
Drawing Analysis Expert
and Hypnotherapist



**SAMIHA
ABOUSAEB**
Life Coach & Healer



DEEPSHIKHA SINGH
Spiritual Psychologist & Deep
Somatic Regression Therapist

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		ONSITE SEMINAR 1 AUG Introduction & Guide to Becoming Shaman with Hifza Jillani 7pm-8pm FREE (Limited Seats Only)	ONSITE SEMINAR 2 AUG Understanding Core Somatic Body Work for Deep Healing with Deepshikha Singh 7pm-8pm FREE	ONSITE MEDITATION 3 AUG Women's Wellness Meditation: Why Choose You? with Gurbani Kaur 7pm-8pm (Limited to 15 Seats Only)	ONSITE WORKSHOP 4 AUG Understanding Your Dreams Workshop with Dr. Swapnalei Dabholcar 12noon - 1pm FREE (Limited Seats Only)	ONSITE MEDITATION 5 AUG Phasic Moon Meditation for Aligning the Emotions with Deepshikha Singh 7pm-8pm AED 80/- (Limited to 15 Seats Only)
					ONSITE MEDITATION 4 AUG Transform, Heal & Raise your Vibrations for Relationships, Health & Abundance with Nishi Kaur 7pm-8pm FREE (Limited to 15 Seats Only)	
ONSITE TRAINING 6 AUG Pranic Energy Healing Training Level 1 with Dr. Bassam Saab August 6th - 7th 10am-6pm AED 1499/- (Limited 10 Seats Only) Early Bird - AED 1129/- Limited to 5 Seats	ONSITE WORKSHOP 7 AUG Body Transformation through Holistic & Knowledgeable Approach with Dr. Swapnalei Dabholcar 7pm-8pm FREE (Limited Seats Only)	ONSITE MEDITATION 8 AUG Body Movement Meditation to Reconnect with the body Relaxation with Deepshikha Singh 7pm-8pm FREE (Limited to 15 Seats Only)	FREE WEBINAR 9 AUG How Reiki Can Help Relieve The Symptoms Of Blocked Chakras with Farshad Meleki 5pm-6pm FREE	ONSITE MEDITATION 10 AUG Guided Meditation to Receive Blessings from Splrit Guides & Ancestors for Spritual Awekening with Nishi Kaur 7pm-8pm AED 120/- (Limited to 15 Seats Only)	11 AUG	ONSITE MEDITATION 12 AUG Full Moon Meditation - Leap of Faith with Crystal Grid with Gurbani Kaur 7pm-8pm AED 150/- (Limited Seats Only)
ONSITE MEDITATION 6 AUG Sound Healing Meditation with Tibetan Singing Bowls to Awaken your Divine Feminine with Nishi Kaur 7pm-8pm AED 100/- (Limited to 15 Seats Only)						
ONSITE TRAINING 13 AUG Hypnotherapy Level 2 with Rajesh Singh August 13th-15th/20th-21st 10am-6pm AED 3,630/- (Limited 15 Seats Only)	ONSITE WORKSHOP 14 AUG Healing Your Inner Child Workshop with Dr. Swapnalei Dabholcar 7pm-8pm Donation Based (Limited Seats Only)	ONSITE MEDITATION 15 AUG Kundalini Full Moon Ritual: Spiritual Awakening with Hifza Jillan 7pm-9pm AED 180/- (Limited Seats Only)	ONSITE MEDITATION 16 AUG Empower Yourself to Come Back to your Safe Home - Body with Deepshikha Singh 7pm-8pm FREE (Limited to 15 Seats Only)	ONSITE MEDITATION 17 AUH Women's Wellness Meditation: Know Who You Are with Gurbani Kaur 7pm-8pm FREE (Limited to 15 Seats Only)	ورشة عمل في المركز 18 AUG الشفاء العاطفي وموازنة الطاقة الحيوية والتغلب على التوتر والقلق مع د. مصطفى حسن 5pm-6pm FREE (Limited Seats Only)	ONSITE MEDITATION 19 AUG Phasic Moon Meditation for Balancing Emotions with Deepshikha Singh 7pm-8pm AED 80/- (Limited to 15 Seats Only)
ONSITE MEDITATION 13 AUG Sound Healing Meditation with Tibetan Singing bowls for Inner Child Healing with Nishi Kaur 7pm-8pm AED 100/- (Limited to 15 Seats Only)					ONSITE WORKSHOP 18 AUG Uncover Your True Nature with Hifza Jillani 7pm-9pm AED 280/- (Limited Seats Only)	

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ONSITE TRAINING 20 AUG</p> <p>USUI Reiki Training Level 2 – Practitioner’s Course with Hifza Jillani</p> <p>August 20th–21st 10am–6pm AED 1,199/- (Limited to 15 Seats Only)</p>	<p>ONSITE MEDITATION 21 AUG</p> <p>Promise 180 for a 360-degree Shift with Gurbani Kaur</p> <p>7pm–8pm (Limited Seats only)</p>	<p>ONSITE SEMINAR 22 AUG</p> <p>Break Old Relationship Patterns and Create the Freedom to Love through Family Constellation with Ruchika Cowlagi</p> <p>6pm–7pm FREE (Limited Seats Only)</p> <p>تأمل في المركز باللغة العربية 22 AUG</p> <p>تأمل للسلام الكوني ومباركة الأرض وما عليها من محبة وصحة وراحة وتفاهم ، يليه تأمل الشفاء الذاتي مع الدكتور بسام صعب</p> <p>7:30pm–8:30pm (Limited to 15 Seats Only)</p>	<p>ONSITE MEDITATION 23 AUG</p> <p>Karma Clearing Meditation with Nishi Kaur</p> <p>7pm–8pm AED 120/- (Limited to 15 Seats only)</p>	<p>ONSITE WORKSHOP 24 AUG</p> <p>Breathwork for Courage with Living Whole and Complete with Gurbani Kaur</p> <p>5pm–6pm FREE (Limited Seats Only)</p> <p>ONSITE MEDITATION 24 AUG</p> <p>Emotional Release through Body with Deepshikha Singh</p> <p>7pm–8pm FREE (Limited to 15 Seats only)</p>	<p>ONSITE WORKSHOP 25 AUG</p> <p>Breathwork for Self-Love with Gurbani Kaur</p> <p>5pm–6pm FREE (Limited Seats Only)</p> <p>ONSITE WORKSHOP 25 AUG</p> <p>The Ultimate Guide to Soulmates, Kindered Spirits, & Twin Flames Love with Hifza Jillani</p> <p>7pm–9pm AED 280/- (Limited Seats Only)</p>	<p>ONSITE WORKSHOP 26 AUG</p> <p>Breathwork for Self-Love with Gurbani Kaur</p> <p>5pm–6pm FREE (Limited Seats Only)</p> <p>ONSITE MEDITATION 26 AUG</p> <p>Unleash the Power of Prana, the Soul Energy, through Breathwork with Nishi Kaur</p> <p>7pm–8pm FREE (Limited to 15 Seats Only)</p>
<p>ONSITE TRAINING 27 AUG</p> <p>Munay-Ki – Shamanic Foundation Course with Hifza Jillani</p> <p>August 27th 10am–6pm AED 1199/- (Limited to 15 Seats Only)</p>	<p>ONSITE TRAINING 28 JULY</p> <p>دورة مسارات الوعي تقنيّة (الأكسس بارز)</p> <p>10am–6pm AED 1350/- (Limited to 15 Seats Only)</p> <p>ONSITE WORKSHOP 28 AUG</p> <p>Bending the Reality through Your Subconscious Mind with Dr. Swapnalei Dabholcar</p> <p>7pm–8pm Donation Based (Limited Seats Only)</p>	<p>ONSITE WORKSHOP 29 AUG</p> <p>Activating and Aligning your Chakras with Affirmations Workshop with Nishi Kaur</p> <p>7pm–8pm AED 250/- (Limited to 15 Seats Only)</p>	<p>ورشة داخل المركز 30 AUG</p> <p>ماذا لو كان حبنا لذاتنا هو سر حياة أفضل؟ المدربة سميحة أبو صعب</p> <p>7pm–8pm FREE (Limited Seats Only)</p>	<p>ONSITE MEDITATION 31 AUG</p> <p>Body Scanning Mindfulness Meditation with Deepshikha Singh</p> <p>7pm–8pm FREE (Limited to 15 Seats Only)</p> <p>ورشة عمل أونلاين 31 AUG</p> <p>الأحلام وتفسيرها العلمي والروحي والميتافيزيقي مع الماستر منى هاسي</p> <p>7pm–8pm AED 80/-</p>		
<p>ONSITE MEDITATION 28 JULY</p> <p>New Moon Meditation – Redirect 2022 with Crystal Grid with Gurbani Kaur</p> <p>7pm–8pm AED 150/- (Limited Seats Only)</p>						

WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

*Online Payment is available through our Website or Pay Tabs link.

*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



FREE ONLINE MEDITATIONS

SPECIAL RATE FOR AN ONLINE 1-ON-1 PRIVATE SESSION

SPECIAL DISCOUNTS FOR ONLINE CERTIFIED TRAINING COURSES