

CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events

RAJESH SINGH
Spiritual Psychologist, Past life Regression & Energy Medicine Alchemist!

DR. WAIL AL HUNAIDI
Psychotherapist & Mental Health Coach

SARI AWADA
ThetaHealing Practitioner & Teacher

ZAKIA KAZI
Holistic Well-Being Guide

MONA HASSI
Clairvoyant & Co-Active Life Coach

SARA SYED
Certified Rapid Transformation Therapy Practitioner, Hypnotherapist & Mindset Coach

ADEI AL AMOURI
Hypnotherapist & Transpersonal Regression Therapist

FEBRUARY 2021

SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

B108 (B1-RET-3), Horizon Towers, City of Lights, Reem Island, Abu Dhabi, UAE
 @ info.abudhabi@illuminationsworld.com
 +971-52-496-6387
 www.abudhabi.illuminations.ae



- Free online meditations
- Special rate for an online 1-on-1 private session
- Special discounts for online certified training courses

		1	2	3 Onsite Seminar! How to Have Perfect Sleep/ Getting Rid of Insomnia with Sara Syed 6pm - 7:30pm <i>(Limited to 10 seats only)</i>	4 Onsite Meditation! Guided Meditation with Higher Consciousness to Find Clarity followed by the Healing Sounds of Tibetan Singing Bowls with Zakia Kazi 6:45pm – 7:45pm AED 80/- <i>(Limited to 10 seats only)</i>	5
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6
Free Online Seminar! Spiritual Saturdays: The Role of Forgiveness and Moving on with Rajesh Singh
6pm - 7pm
(Limited to 10 seats only)

7

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9
ندوة مجانية باللغة العربية! فهم نوبات القلق والذعر مع د.وائل الهنيدي
6pm - 7pm
(Limited to 10 seats only)

10

11
Onsite Meditation! New Moon Guided Meditation for Manifestation with Higher Consciousness followed by the Healing Sounds of Tibetan Singing Bowls with Zakia Kazi
6:45pm – 7:45pm | AED 80/-
(Limited to 10 seats only)

12
Onsite Training! Hypnotherapy Level 3 with Rajesh Singh
February 12th, 13th, 14th | 10am - 6pm
February 15th - 16th | 6pm - 10pm | AED 3300/-

13
Onsite Seminar! Spiritual Saturdays: Role of Love and Security in Family Dynamics with Rajesh Singh
6pm - 7pm
(Limited to 10 seats only)

14
Onsite Seminar! Habit Control: Beat the Mind Games to Quit your Unwanted Habits with Adei Al Amouri
6pm - 7pm
(Limited to 10 seats only)

15
FREE Webinar! Introduction to ThetaHealing with Sari Awada
6pm - 7pm

16
Onsite Seminar! Reprogram Yourself to Have a Healthy and Fit Body with Sara Syed
6pm - 7:30pm | AED 100/-
(Limited to 7 seats only)

17

18
Onsite Meditation! Guided Meditation with Higher Consciousness to Activate the Third Eye Chakra followed by the Healing Sounds of Tibetan Singing Bowls with Zakia Kazi
6:45pm – 7:45pm | AED 80/-
(Limited to 10 seats only)

19
Onsite COURSE! A Course in Meditation with Zakia Kazi
February 19 to 20 | 10am – 6 pm | AED 1500/-
(Limited to 10 seats only)
Online Workshop! Let's Talk Anxiety with Sari Awada
6pm – 7pm | AED 150/-

20
Onsite Seminar! Spiritual Saturdays: Role of Kindness and Compassion in Cutting Down Karma Imbalances with Rajesh Singh
6pm - 7pm
(Limited to 10 seats only)

21
Free Webinar! Spiritual Life Coaching with Mona Hassi
6pm - 7pm

22

23
ندوة مجانية باللغة العربية على الانترنت! التدريب على الحياة الروحانية مع منى هاسي
6pm - 7pm

24

25
ندوة مجانية باللغة العربية! مدخل للعقل الباطن و التنويم الإيحائي مع د.وائل الهنيدي
6pm - 7pm
(Limited to 10 seats only)

26
Online Course! ThetaHealing Basic Course with Sari Awada
Feb. 26th, 27th & 28th | 10am – 6pm
AED 1800/-

27
Onsite Seminar! Spiritual Saturdays: Fear of Failure v/s Fear of Success with Rajesh Singh
6pm - 7pm
(Limited to 10 seats only)

28
Onsite Seminar! Emotional Freedom Technique with Adei Al Amouri
6pm - 7pm
(Limited to 10 seats only)

We trust you are staying safe and taking all precautionary measures during these challenging times.
 In our efforts to support the community we are keeping many meditations & Seminars FREE!!
 *Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. (*T & C Apply)
We would request your support on this. #staysafe