

CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events

LAILA SAIF
Co-Owner illuminations Abu Dhabi
Spiritual & Mind Science Therapist

DR. WAIL AL HUNAIDI
Psychotherapist & Mental Health Coach

SARI AWADA
ThetaHealing Practitioner & Teacher

ZAKIA KAZI
Holistic Well-Being Guide

ZINNIA H BHARUCHA
Holistic Psychologist & Relationship Counselor

SARA SYED
Certified Rapid Transformation Therapy Practitioner, Hypnotherapist & Mindset Coach

ADEI AL AMOURI
Hypnotherapist & Transpersonal Regression Therapist

JANUARY 2021

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	B108 (B1-RET-3), Horizon Towers, City of Lights, Reem Island, Abu Dhabi, UAE	@ info.abudhabi@illuminationsworld.com +971-52-496-6387 www.abudhabi.illuminations.ae			<ul style="list-style-type: none"> Free online meditations Special rate for an online 1-on-1 private session Special discounts for online certified training courses 	

We trust you are staying safe and taking all precautionary measures during these challenging times.
 In our efforts to support the community we are keeping many meditations & Seminars FREE!! *Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



2	3 Onsite Seminar! Let Praise in by Eliminating Negative Self-Talk with Sara Syed 6pm - 7pm (Limited to 10 seats only)	4 FREE Webinar! ABC of NLP with Phil & Dr. Leila Edwards 6pm - 7:30pm	5 Free Webinar! Introduction to ThetaHealing with Sari Awadi 6pm - 7pm	6 ندوة مجانية باللغة العربية عبر الانترنت! التدخين و المخدرات مخاطر و مهلكات مع د. وائل الهندي 6pm - 7pm	7	8
9 	10 Onsite Meditation! Healing Relationships & Cutting Cords Meditation with Zinnia Bharucha 6pm - 7pm AED 80/- (Limited to 7 seats only)	11 Onsite Seminar! Tarot 2021 – Love, Money, Career & Family with Zinnia Bharucha 6pm - 7pm Limited to 10 clients	12 Onsite Meditation! New Moon Special: Inner Child Healing Meditation with Zinnia Bharucha 6pm - 7pm AED 150/- (Limited to 7 seats only)	13 Online Meditation! Grounding and Protection meditation with the Archangels 6pm - 7pm AED 80/-	14 Online Training! NLP Practitioner Course with Phil & Dr. Leila Edwards Jan 14th, 28th, Feb 11th 6pm - 9pm Jan 15th-16th, Jan 29th-30th, Feb - 12th-13th 11am - 7pm AED 6950/- ندوة مجانية باللغة العربية عبر الانترنت! فن الخطاب مع منى هاسي 7pm - 8pm	15 Onsite Training! USUI Reiki Level 2 with Zinnia Bharucha 10am - 6pm AED 1199/-
16 Onsite Support Group! The Power of your Subconscious Mind: Learn to be more Confident with Sara Syed 3pm - 5pm AED 200/- (Limited to 7 seats only)	17 FREE Webinar! Introduction to Reiki Healing & it's Benefits with Zakia Kazi 6pm - 7pm	18 FREE Webinar! Clear Your Doubts, Fears and Attract Love & Abundance through ThetaHealing with Sari Awadi 6pm - 7pm	19 FREE Webinar! Understanding the victim mentality and clearing of limited beliefs through ThetaHealing with Leckranee Burthoo Barah 6pm - 7pm	20 ندوة مجانية باللغة العربية عبر الانترنت! التعامل مع المراهقين مع د. وائل الهندي 6pm - 7pm	21 Onsite Meditation! Reiki Meditation with Tibetan Singing Bowls with Zakia Kazi 6pm - 7pm AED 80/- (Limited to 7 seats only)	22
23	24 FREE Webinar! Happiness Coaching Your Key to Living an Emotionally Independent Life! with Rajesh Singh 6pm - 7pm	25 Onsite Seminar! Introduction to Hypnotherapy - Transform your Life with the Power of your Subconscious Mind with Adei Al Amouri 6pm - 7pm	26 FREE Webinar! Introduction to Meditation - Techniques & Benefits with Zakia Kazi 6pm - 7pm	27	28 Onsite Meditation! Full Moon Meditation with Tibetan Singing Bowls with Zakia Kazi 6pm - 7pm AED 150/- (Limited to 7 seats only)	29 Onsite Training! USUI Reiki Level 1 with Zakia Kazi January 29th - 30th 10am - 6pm AED 2500/- Onsite Training! Hypnotherapy Level 2 with Laila Saif January 29th - 31st 10am - 6pm February 1st - 2nd 6pm-10pm AED 3300/-
30	31 ندوة مجانية! طفلي حياتي و كيف أحمييه مع د. وائل الهندي (limited to 10 seats) 6pm - 7pm					