



**HIFZA JILLANI**  
Reiki Master &  
Energy Healer



**RAJESH SINGH**  
Spiritual Psychologist,  
Past life Regression &  
Energy Medicine Alchemist!



**DR. WAIL AL HUNAIDI**  
Psychotherapist & Mental  
Health Coach



**NISHI KAUR**  
Grapho-Diagnostics &  
Drawing Analysis Expert  
& Hypnotherapist



**GURBANI KAUR**  
Anxiety, Depression & Clinical  
Issue Expert, Psychologist  
& Hypnotherapist



**SARA SYED**  
Certified Rapid Transformation  
Therapy Practitioner,  
Hypnotherapist & Mindset Coach



**FARAH HAMDAN**  
ThetaHealing  
Instructor

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					<b>ONSITE/ONLINE MEDITATION 1 JULY</b> <b>Guided Meditation for Emotional Healing with Tibetan Sound with Nishi Kaur</b> 7pm-8pm   AED 80/- (Limited to 7 seats only)	<b>ONSITE TRAINING 2 JULY</b> <b>Hypnotherapy Level 2 with Rajesh Singh</b> July 2nd-4th / 9th-10th   10am - 6pm AED 3630/-
<b>ONSITE COURSE 3 JULY</b> <b>Celestial Beings Course Level 3 with Zakia Kazi</b> 10am-5pm   AED 1599/-	<b>FREE WEBINAR 4 JULY</b> <b>Turn Your Grief Into Spiritual Strength with Hifza Jillani</b> 6pm-7pm   FREE  <b>ONSITE/ONLINE WORKSHOP 4 JULY</b> <b>BreathWork for Energy Protection with Gurbani Kaur</b> 7pm - 7:45pm   FREE	<b>ONLINE TRAINING 5 JULY</b> <b>Happiness Coaching Module 2 with Rajesh Singh</b> July 5th -9th   6:30pm-10pm AED 3555/-	<b>FREE ONLINE MEDITATION! 6 JULY</b> <b>Trance Tuesday Meditation: Detachment from Overthinking (Anxiety, Depression, OCD) with Hifza Jillani</b> 6pm-7pm   FREE	<b>FREE WEBINAR 7 JULY</b> <b>Common Defense Mechanisms used for Anxiety with Farah Hamdan</b> 7pm-8pm   FREE	<b>ONSITE/ONLINE MEDITATION 8 JULY</b> <b>Guided Meditation to Cleansing the Aura with Tibetan Sound with Nishi Kaur</b> 7pm-8pm   AED 120/- (Limited to 7 seats only)	<b>FREE WEBINAR 9 JULY</b> <b>The Art of Living your Highest Potential with Rajesh Singh</b> 7pm - 8pm   FREE
<b>ONSITE SUPPORT GROUP 10 JULY</b> <b>Hypnotherapy Support Group with Rajesh Singh</b> (Exclusive for EKAA Hypnotherapy Students) 6pm-7:30pm   FREE	<b>FREE WEBINAR 11 JULY</b> <b>The Ultimate Guide To Being An Empath: Blessing Not A Curse! with Hifza Jillani</b> 6pm-7pm   FREE  <b>ONSITE/ONLINE WORKSHOP 11 JULY</b> <b>BreathWork with Sufi Whirling with Gurbani Kaur</b> 8pm - 8:45pm   AED 80/-	<b>ONLINE TRAINING 12 JULY</b> <b>Happiness Coaching Module 2 with Rajesh Singh</b> July 12th -16th   6:30pm-10pm	<b>ONSITE MEDITATION! 13 JULY</b> <b>Trance Tuesday Meditation: Meet your Spirit Animal with Hifza Jillani</b> 6pm-7pm   Donation Based (Limited to 7 seats only)	<b>FREE ONSITE WORKSHOP 14 JULY</b> <b>Women's Wellness Wednesday: Fire Ceremony with Hifza Jillani</b> 7pm - 8pm   FREE (Limited to 7 seats only)	<b>ONSITE/ONLINE MEDITATION 15 JULY</b> <b>Guided Meditation for Calming the Loop of Over-thinking and Aligning your Wellbeing with Tibetan Sound with Nishi Kaur</b> 7pm-8pm   AED 80/- (Limited to 7 seats only)	<b>ONSITE WORKSHOP 16 JULY</b> <b>Life Script - Raising the Bar with Rajesh Singh</b> 6pm-8pm   AED 200/- (Limited to 7 seats only)
<b>ONSITE MEDITATION 10 JULY</b> <b>New Moon Meditation: Crystal Grid Healing for Whirling the Stillness with Gurbani Kaur</b> 7pm - 8pm   AED 150/- (Limited to 7 seats only)						

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>FREE WEBINAR</b> 17 JULY</p> <p>Understanding Karma and Systematic Constellations with Rajesh Singh 7pm - 8pm   FREE</p>	<p><b>FREE WEBINAR</b> 18 JULY</p> <p>How To Start Your Spiritual Journey &amp; Become Reiki Healer with Hifza Jillani 6pm - 7pm   FREE</p> <p><b>ONSITE/ONLINE WORKSHOP</b> 18 JULY</p> <p>BreathWork for Cutting Ties with Gurbani Kaur 8pm - 8:45pm   AED 80/-</p>	<p><b>ONLINE TRAINING</b> 19 JULY</p> <p>Happiness Coaching Module 2 with Rajesh Singh July 19th -23rd   6:30pm-10pm</p>	<p><b>ONSITE MEDITATION</b> 20 JULY</p> <p>Trance Tuesday Meditation: Healing &amp; Closure From a Broken Relationship with Hifza Jillani 6pm-7pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>FREE WEBINAR</b> 21 JULY</p> <p>An Introduction to Theta Healing with Farah Hamdan 7pm-8pm   FREE</p>	<p><b>FREE ONSITE WORKSHOP</b> 22 JULY</p> <p>Trippy Thursday: Shamanic Trance Dance with Hifza Jillani 6pm - 7pm (Limited to 7 seats only)</p>	<p><b>ONSITE TRAINING</b> 23 JULY</p> <p>Hypnotherapy Level 1 with Rajesh Singh July 23rd - 24th   10am - 6pm   AED 1530/-</p>
<p><b>ONSITE MEDITATION</b> 24 JULY</p> <p>Full Moon Meditation: Buck Moon - Drawing Boundaries with Crystal Grid with Gurbani Kaur 7pm - 8pm   AED 150/- (Limited to 7 seats only)</p>	<p><b>ONSITE/ONLINE WORKSHOP</b> 25 JULY</p> <p>BreathWork for Manifestation of a Stable Future with Gurbani Kaur 8pm - 8:45pm   AED 80/-</p>	<p><b>ONLINE TRAINING</b> 26 JULY</p> <p>Happiness Coaching Module 2 with Rajesh Singh July 26th -30th   6:30pm-10pm</p>	<p><b>ONSITE MEDITATION</b> 27 JULY</p> <p>Trance Tuesday Meditation: Meet your Shadow Self with Hifza Jillani 6pm-7pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>FREE WEBINAR</b> 28 JULY</p> <p>ندوة مجانية باللغة العربية على الانترنت! ارتباط الامراض بالمشاعر مع فرح حمدان 8pm-9pm   FREE</p>	<p><b>ONSITE/ONLINE MEDITATION</b> 29 JULY</p> <p>Guided Meditation for Shielding and Protection with Tibetan Sound with Nishi Kaur 7pm-8pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>ONSITE TRAINING!</b> 30 JULY</p> <p>USUI Reiki Training Level 1 - Beginner's Course with Hifza Jillani 10am - 6pm   AED 999/- (Limited to 7 seats only)</p> <p><b>ONLINE TRAINING!</b> 30 JULY</p> <p>Life Scripting Level 1 with Maria Leonard July 30th - 31st   10am - 6pm   AED 2200/-</p>
<p><b>ONSITE/ONLINE WORKSHOP</b> 31 JULY</p> <p>Connecting with the 6th Dimension Akashic Intelligence &amp; Accessing Akashic Records &amp; Corrections with Meditation with Rajesh Singh 6pm - 8pm   AED 200/- (Limited to 7 seats only)</p>						<p><b>ONLINE TRAINING</b> 30 JULY</p> <p>ThetaHealing Basic DNA with Handan July 30th - Aug. 1st   10am - 6pm AED 2200/-</p> <p><b>ONSITE WORKSHOP</b> 30 JULY</p> <p>Karma and Systemic Constellations with Rajesh Singh 10am - 6pm   AED 700/- (Limited to 7 seats only)</p>
<p><b>FREE WEBINAR</b> 31 JULY</p> <p>ندوة مجانية باللغة العربية! معجزة الطاقة مع المشاعر أو العواطف و مدى تأثيرها علينا مع منى هاسي 6pm-7pm   FREE</p>						

**WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.**

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

\*Online Payment is available through our Website or Pay Tabs link.

\*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (\*T & C Apply)

We would request your support on this. #staysafe



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