



LAILA SAIF
Spiritual & Mind
Science Therapist



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Spiritual Psychologist,
Past life Regression &
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Psychotherapist & Mental
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Grapho-Diagnostics &
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Anxiety, Depression & Clinical
Issue Expert, Psychologist
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Certified Rapid Transformation
Therapy Practitioner,
Hypnotherapist & Mindset Coach



FARAH HAMDAN
ThetaHealing
Practitioner

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>FREE WEBINAR 1 MAY</p> <p>Reach your Goal through Success Coaching with Nishi Kaur 8pm-9pm FREE</p> <p>FREE ONLINE/ONSITE SEMINAR 1 MAY</p> <p>Spiritual Saturdays: Beat your Patterns of Negative Emotions! Learn How to Boost Immunity in the times of Corona Crisis) with Rajesh Singh 8pm-9pm FREE</p>	<p>FREE ONLINE WORKSHOP! 2 MAY</p> <p>Breathwork for Self-Love with Gurbani Kaur 8pm-8:45pm (Limited to 7 seats only)</p>	<p>3 MAY</p>	<p>4 MAY</p>	<p>5 MAY</p>	<p>6 MAY</p>	<p>7 MAY</p>
<p>FREE ONLINE/ONSITE SEMINAR 8 MAY</p> <p>Energy of a Lie and Law of Integrity of the Universe! with Rajesh Singh 8pm-9pm FREE</p>	<p>FREE ONSITE WORKSHOP! 9 MAY</p> <p>Breathwork for Gratitude with Gurbani Kaur 8pm-8:45pm (Limited to 7 seats only)</p>	<p>10 MAY</p>	<p>ONSITE MEDITATION 11 MAY</p> <p>New Moon- Eid Special Meditation with Gurbani Kaur 8pm-9pm AED 150/- (Limited to 7 seats only)</p>	<p>12 MAY</p>	<p>13 MAY</p> 	<p>14 MAY</p>
<p>ONSITE WORKSHOP! 15 MAY</p> <p>Ace in your Exams with Confidence – a 21-day Challenge with Sara Syed 6pm-7:30pm AED 150/- (Limited to 10 seats only)</p> <p>ONLINE WORKSHOP! 15 MAY</p> <p>Success Coaching and Mentoring Platform with Nishi Kaur May 15th to June 15th 7pm-9pm AED 500/-</p> <p>FREE ONLINE/ONSITE SEMINAR 15 MAY</p> <p>Understanding the Physical Pain with Body Syndromes! with Rajesh Singh 6:30pm-7:30pm FREE</p>	<p>FREE ONSITE WORKSHOP! 16 MAY</p> <p>Breathwork Eid Special with Gurbani Kaur 6pm-6:45pm (Limited to 7 seats only)</p>	<p>17 MAY</p>	<p>FREE WEBINAR 18 MAY</p> <p>Learn the Common Signs that Indicate that You are Not Spiritually Grounded with Nishi Kaur 6pm-7pm FREE</p>	<p>FREE ONLINE SEMINAR! 19 MAY</p> <p>Relationships Failure with Farah Hamdan 6pm-7pm FREE</p>	<p>20 MAY</p>	<p>ONSITE TRAINING 21 MAY</p> <p>Hypnotherapy Level 1 with Laila Saif May 21st – 22nd 10am – 6pm AED 1530/-</p> <p>ONSITE TRAINING 21 MAY</p> <p>Hypnotherapy Level 2 with Rajesh Singh May 21st – 23rd /28th – 29th 10am – 6pm AED 3300/-</p>

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>FREE ONLINE/ONSITE SEMINAR 22 MAY</p> <p>What are Dreams and how they are connected to your Goals? with Rajesh Singh</p> <p>6:30pm-7:30pm FREE</p>	<p>FREE ONSITE WORKSHOP! 23 MAY</p> <p>Breathwork for Chosen Reality with Gurbani</p> <p>6pm-6:45pm (Limited to 7 seats only)</p>	<p>FREE ONLINE SEMINAR! 24 MAY</p> <p>ندوة مجانية باللغة العربية! قانون الجذب .. ما الحقيقة؟ مع د.وائل لهنيدي</p> <p>6pm-7pm FREE (Limited to 10 seats only)</p>	<p>FREE WEBINAR! 25 MAY</p> <p>Happiness Coaching with Nishi Kaur</p> <p>6pm-7pm FREE</p>	<p>ONSITE MEDITATION 26 MAY</p> <p>Full Moon Special- Light and Guidance Meditation with Gurbani Kaur</p> <p>6pm-7pm AED 150/- (Limited to 7 seats only)</p> <p>FREE ONLINE SEMINAR! 26 MAY</p> <p>ندوة مجانية باللغة العربية! كيف يخدمنا الكبرياء مع فرح حمدان</p> <p>6pm-7pm FREE</p>	<p>FREE ONLINE SEMINAR! 27 MAY</p> <p>ندوة مجانية باللغة العربية على الانترنت! الحزن والتغلب عليه مع منى هاسي</p> <p>6pm-7pm FREE</p>	<p>28 MAY</p>
<p>FREE ONLINE/ONSITE SEMINAR 29 MAY</p> <p>Social Media or Gaming Addiction & its connection with the Self Esteem with Rajesh Singh</p> <p>6:30pm-7:30pm FREE</p>	<p>FREE ONSITE WORKSHOP! 30 MAY</p> <p>Breathwork for Closest People/Family with Gurbani Kaur</p> <p>6pm-6:45pm (Limited to 7 seats only)</p>	<p>31 MAY</p>				

WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

*Online Payment is available through our Website or Pay Tabs link.

*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



FREE ONLINE MEDITATIONS
SPECIAL RATE FOR AN ONLINE 1-ON-1 PRIVATE SESSION
SPECIAL DISCOUNTS FOR ONLINE CERTIFIED TRAINING COURSES