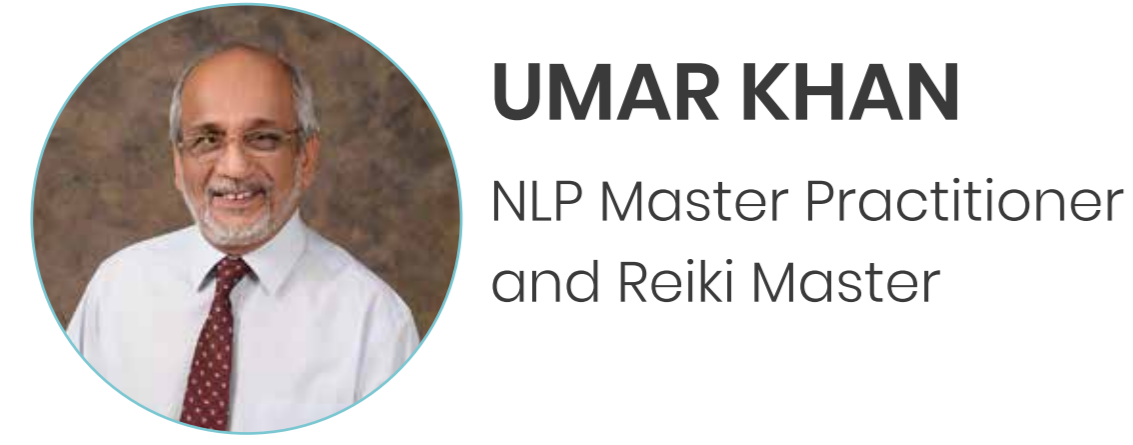




RAJESH SINGH
International Senior
Facilitator & Quantum
Hypnotherapist



UMAR KHAN
NLP Master Practitioner
and Reiki Master



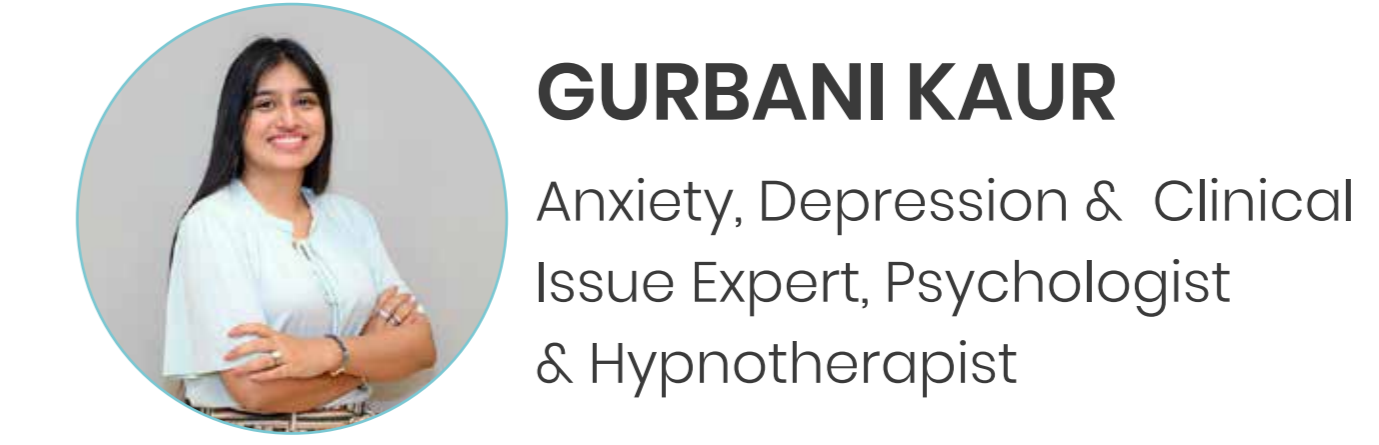
HIFZA JILLANI
Reiki Master &
Energy Healer



ZAKIA KAZI
Holistic Well-Being Guide



NISHI KAUR
Grapho-Diagnostics &
Drawing Analysis Expert
& Hypnotherapist



GURBANI KAUR
Anxiety, Depression & Clinical
Issue Expert, Psychologist
& Hypnotherapist



FARAH HAMDAN
ThetaHealing
Instructor

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>FREE ONSITE MEDITATION 1 NOV</p> <p>Meditation for Abundance with Nishi Kaur 7pm - 8pm FREE (Limited to 10 seats only)</p>	<p>ONSITE/ONLINE MEDITATION 2 NOV</p> <p>Trance Tuesday Meditation: Let go of Toxicity in Relationships with Hifza Jillani 7pm - 8pm AED 80/- (Limited to 7 seats only)</p>	<p>FREE ONSITE SEMINAR 3 NOV</p> <p>Raise Your Consciousness with Spiritual Response Therapy with Umar Khan 7pm - 8pm FREE (Limited to 7 seats only)</p>	<p>FREE WEBINAR 4 NOV</p> <p>An Introduction to Chakra Series: How to Activate & Balance your Chakras with Hifza Jillani 7pm - 7:45pm FREE</p>	<p>ONSITE TRAINING 5 NOV</p> <p>USUI Reiki Training Level 2 - Practitioner's Course with Hifza Jillani November 5th - 6th 10am - 6pm AED 1199/- (Limited to 7 Seats)</p>
				<p>FREE ONLINE MEDITATION 3 NOV</p> <p>Guided Meditation For Beginners with Nishi Kaur 7pm - 8pm FREE</p>	<p>ONSITE MEDITATION 4 NOV</p> <p>A Diwali Special! New Moon Meditation: Dispelling Darkness with Sound & Light with Rajesh Singh 7pm - 8pm AED 150/- (Limited to 7 Seats)</p>	<p>ONSITE TRAINING 5 NOV</p> <p>Hypnotherapy Level 1 - Basic Integrated Hypnotherapy with Rajesh Singh November 5th - 6th 10am-6pm AED 1530/- (Limited to 7 Seats)</p>
<p>ONSITE GUIDED MEDITATION 6 NOV</p> <p>Shadow Self Meditation with Nishi Kaur 7pm - 8pm FREE (Limited to 7 Seats)</p>	<p>ONSITE TRAINING 7 NOV</p> <p>Hypnotherapy Level 5 - Integrated Hypnotherapy through Integrated Healing with Yuvraj Kapadia November 7th - 14th 10am - 6pm AED 6780/- (Limited to 7 seats only)</p>	8 NOV	<p>ONSITE/ONLINE MEDITATION 9 NOV</p> <p>Trance Tuesday Meditation: Boost your Spiritual Growth with Hifza Jillani 7pm - 8pm AED 80/- (Limited to 7 seats only)</p>	<p>FREE WEBINAR 10 NOV</p> <p>Let's Talk! Tips to Uplift Self Esteem in the Perspective of a ThetaHealer with Farah Hamdan 7pm - 8pm FREE (Limited to 7 seats only)</p>	<p>ONSITE WORKSHOP 11 NOV</p> <p>Chakra Series: Activate Your Root Chakra with Hifza Jillani 6pm - 9pm AED 350/- (Limited to 7 Seats) AED 630/- (for two series)</p>	<p>ONSITE MEDITATION 5 NOV</p> <p>New Moon Meditation: Initiate Small Shifts for Bigger Things in Life through Crystal Grid with Gurbani Kaur 7pm - 8pm AED 150/- (Limited to 7 seats only)</p>
	<p>FREE WEBINAR 7 NOV</p> <p>Psychic Attacks and Entities with Dr. Bassam Saab 7pm - 8pm FREE</p>					<p>ONSITE WORKSHOP 12 NOV</p> <p>The Wonders of Hypnosis: Learn and Experience Hypnosis with Gurbani Kaur 6pm - 7pm AED 100/ (Limited to 7 seats only)</p>
<p>ONSITE WORKSHOP 13 NOV</p> <p>Astrology Series: Uncover Your Soul Purpose & Destiny through Saturn, North & South Node with Hifza Jillani 6pm - 8pm AED 180/- (Limited to 7 Seats)</p>	<p>ONSITE/ONLINE SEMINAR 14 NOV</p> <p>Introduction to NLP: Empower Your Mind and Body with Umar Khan 7pm - 8pm FREE (Limited to 7 Seats)</p>	<p>FREE ONSITE MEDITATION 15 NOV</p> <p>Violet Shield for Higher Consciousness Attainment Meditation with Gurbani Kaur 7pm - 8pm FREE (Limited to 10 seats only)</p>	<p>ONSITE/ONLINE MEDITATION 16 NOV</p> <p>Trance Tuesday Meditation: To Invoke Relaxation, Inner Peace & Positive Energy with Hifza Jillani 7pm - 8pm AED 80/- (Limited to 7 seats only)</p>	<p>FREE WEBINAR 17 NOV</p> <p>ندوة مجانية على الانترنت! الأبواب السبعة مع منى هاسي 6pm - 7pm FREE</p>	<p>ONSITE MEDITATION 18 NOV</p> <p>Full Moon Meditation: Lunar Eclipse Healing With Crystal Grid with Gurbani Kaur 7pm - 8pm AED 150/- (Limited to 7 seats only)</p>	<p>ONSITE/ONLINE MEDITATION 19 NOV</p> <p>Kundalini Full Moon Ritual: Spiritual Awakening with Hifza Jillani 6pm - 8pm AED 150/- (Limited to 7 seats only)</p>
	<p>ONSITE MEDITATION 14 NOV</p> <p>جلسة تأمل مجانية! السماح باستقبال وفرة الكون مع سميحة أبو صعب (Limited to 7 seats only) 6pm - 7pm FREE</p>			<p>ONSITE GUIDED MEDITATION 17 NOV</p> <p>Chakra Alignment Meditation with Tibetan Sound Healing with Nishi Kaur 7pm - 8pm AED 120/- (Limited to 7 seats only)</p>		

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>FREE WEBINAR 20 NOV</p> <p>ندوة مجانية على الانترنت! كيف ممكن أن نخلق حياة مليئة بالوفرة؟ مع سميحة أبو صعب 7pm - 8pm FREE</p> <p>ONSITE WORKSHOP 20 NOV</p> <p>Meet Your Inner Child with Gurbani Kaur 6pm - 7pm AED 100/- (Limited to 7 seats only)</p>	<p>ONSITE/ONLINE SEMINAR 21 NOV</p> <p>Breaking Barrier to Prosperity with Umar Khan 7pm - 8pm FREE (Limited to 7 seats only)</p>	<p>FREE ONSITE MEDITATION 22 NOV</p> <p>Chakra Healing & Balancing Meditation with Zinnia H Bharucha 7pm - 8pm FREE (Limited to 10 seats only)</p>	<p>ONSITE/ONLINE MEDITATION 23 NOV</p> <p>Trance Tuesday Meditation: Be Who You Are with Hifza Jillani 7pm - 8pm AED 80/- (Limited to 10 seats only)</p>	<p>ONSITE WORKSHOP 24 NOV</p> <p>Inner Child Healing for Trauma Release with Zinnia H. Bharucha 6pm - 7pm AED 80/- (Limited to 7 seats only)</p>	<p>ONSITE WORKSHOP 25 NOV</p> <p>Chakra Series: Awaken Your Sacral Chakra with Hifza Jillani 6pm - 9pm AED 350/- (Limited to 7 seats only)</p>	<p>ONSITE TRAINING! 26 NOV</p> <p>USUI Reiki Training Level 1- Beginner's Course with Hifza Jillani 10am - 6pm AED 999/- (Limited to 7 seats only)</p> <p>ONSITE TRAINING! 26 NOV</p> <p>دورة لايف كوتشنغ المستوى الأول مع منى هاسي Nov 26th - 27th 12noon - 6pm AED 1600/- (Limited to 7 seats only)</p> <p>ONSITE GUIDED MEDITATION 26 NOV</p> <p>Body Scan Meditation Nishi Kaur 7pm - 8pm AED 120/- (Limited to 7 seats only)</p>
<p>FREE ONSITE SEMINAR 27 NOV</p> <p>How to Identify Subconscious Blocks through the Power of Tarot. - Create your Future with Zinnia H. Bharucha 7pm - 8pm FREE (Limited to 7 seats only)</p>	<p>FREE ONSITE SEMINAR 28 NOV</p> <p>Treating Chronic Ailments through Reiki with Experiential Session with Umar Khan 7pm - 8pm FREE (Limited to 7 seats only)</p>	<p>FREE ONSITE MEDITATION 29 NOV</p> <p>Declutter Your Mind with Hifza Jillani 7pm - 8pm AED 80/- (Limited to 10 seats only)</p>	<p>ONSITE GUIDED MEDITATION 30 NOV</p> <p>Inner Child Meditation for Stress and Anxiety with Zinnia H Bharucha 7pm - 8pm AED 80/- (Limited to 7 seats only)</p> <p>ONSITE WORKSHOP 30 NOV</p> <p>Get to Know Your Chakras and Your Compatible Crystal with Gurbani Kaur 6pm - 7pm AED 100/- (Limited to 7 seats only)</p>			

**WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY
MEASURES DURING THESE CHALLENGING TIMES.**

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

*Online Payment is available through our Website or Pay Tabs link.

*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



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