

CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events

LAILA SAIF
Co-Owner Illuminations Abu Dhabi
Spiritual & Mind Science Therapist

IRINA KHANNA
Holistic Psychotherapist
& Life Coach

MARC MALLAT
Transpersonal Coach,
Shamanic & Energy Healer

TIINA-MAIJA BERGMAN
Holistic Well-being &
Transformation Therapist

ZINNIA H BHARUCHA
Holistic Psychologist &
Relationship Counselor

LECKRANEE BURTHOO - BARAH
Holistic Coach
& Intuitive Healer

MONA HASSI
Pranic Healer &
Co-Active Life Coach


OCTOBER 2020

SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

illuminations well being center Abu Dhabi

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- Free online meditations
- Special rate for an online 1-on-1 private session
- Special discounts for online certified training courses

1 Free Webinar! Inner Child Healing for Freedom from Trauma with Zinnia Bharucha
6pm - 6:40pm | Free

2 Psychic Development Level 1 with Marc Mallat
10am - 6pm | AED 1200/-
(Limited to 7 seats only)

3

4 Free Webinar! Fight or Flight: Understanding Crisis In Our Day to Day Lives with Jessica Canero
6pm - 7pm

5 Onsite Meditation! Connecting with Your Higher Self Series with Marc Mallat
6pm - 7pm | AED 100/-
(Limited to 7 seats only)

6

7 Online Workshop! Manifestation Healing Your Inner Child and Freeing Yourself from Trauma and Toxicity with Zinnia Bharucha
6pm - 7pm | AED 80/-

8 Onsite Meditation! Grounding Fear & Anxiety Healing through Hypno-Meditation Series with Marc Mallat
6pm - 7pm | AED 100/-
(Limited to 7 seats only)

9

10 ندوة مجانية باللغة العربية! الذاكرة الخلوية مع منى هاسي
6pm - 7pm

11 Free Webinar! Discovering Hypnotherapy: A Shortcut to Manifesting Your Desires with Jessica Canero
6pm - 7pm

12 Onsite Meditation! Connecting with Your Higher Self Series with Marc Mallat
6pm - 7pm | AED 100/-
(Limited to 7 seats only)

13 Free Webinar! Introduction to ThetaHealing with Experiential Meditation with Leckraanee Burthoo - Barah
6pm - 7pm

14 Free Webinar! Mindfulness as a Wellbeing Booster with Tiina-Maija Bergman
6pm - 7pm

15 Onsite Meditation! Grounding Fear & Anxiety Healing through Hypno-Meditation Series with Marc Mallat
6pm - 7pm | AED 100/-
(Limited to 7 seats only)

16

17 Onsite Workshop! Recharge Your Personal Energy Field By Cord Cutting & Breaking Negative Thought Patterns through Hypnotherapy with Jessica Canero
6pm - 7pm | AED 80/-

18 Free Webinar! Liberation of Lineage: Knowing The Space in Which You Stand. An Introduction to Family Constellations with Jessica Canero
6pm - 7pm

19 Onsite Meditation! Connecting with Your Higher Self Series with Marc Mallat
6pm - 7pm | AED 100/-
(Limited to 7 seats only)

20 Free Webinar! Resilience Masterclass with Tiina-Maija Bergman
6pm - 7pm

21

22 Onsite Meditation! Grounding Fear & Anxiety Healing through Hypno-Meditation Series with Marc Mallat
6pm - 7pm | AED 100/-
(Limited to 7 seats only)

23 Hypnotherapy Level 1 with Jessica Canero
October 23rd -24th | 10am - 6pm | AED 1400/-
(Limited to 7 seats only)

24

25 Free Webinar! Clear Your Doubts, Fears, and Attract Love & Abundance through ThetaHealing with Leckraanee Burthoo - Barah
6pm - 7pm

26 Onsite Meditation! Connecting with Your Higher Self Series with Marc Mallat
6pm - 7pm | AED 100/-
(Limited to 7 seats only)

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We trust you are staying safe and taking all precautionary measures during these challenging times.
In our efforts to support the community we are keeping many meditations & Seminars FREE!! *Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe