



**HIFZA JILLANI**  
Reiki Master &  
Energy Healer



**RAJESH SINGH**  
International Senior  
Facilitator & Quantum  
Hypnotherapist



**ZAKIA KAZI**  
Holistic Well-Being Guide



**NISHI KAUR**  
Grapho-Diagnostics &  
Drawing Analysis Expert  
& Hypnotherapist



**GURBANI KAUR**  
Anxiety, Depression & Clinical  
Issue Expert, Psychologist  
& Hypnotherapist



**SARA SYED**  
Certified Rapid Transformation  
Therapy Practitioner,  
Hypnotherapist & Mindset Coach



**FARAH HAMDAN**  
ThetaHealing  
Instructor

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>FREE WEBINAR</b> 1 SEPT</p> <p>Assess your Happiness Quotient! with Rajesh Singh 7pm-8pm   FREE</p>	<p><b>FREE WEBINAR</b> 2 SEPT</p> <p>Women's Wellness Support Group with Hifza Jillani 6pm-7pm   FREE</p> <p><b>ONSITE MEDITATION</b> 2 SEPT</p> <p>Meeting your Twin Soul Manifestation Meditation with Nishi Kaur 7pm-8pm   AED 120/- (Limited to 7 seats only)</p>	<p><b>ONSITE TRAINING!</b> 3 SEPT</p> <p>Meditation Practitioners Level 1 with Zakia Kazi 10am - 4pm   AED 999/-</p> <p><b>ONLINE SUPPORT GROUP</b> 3 SEPT</p> <p>Hypnotherapy Support Group (Exclusive for Hypnotherapy Students) with Rajesh Singh 7pm - 8pm</p>
<p><b>FREE ONLINE MEDITATION</b> 4 SEPT</p> <p>Trance Meditation: Release Subconscious Blockages with Hifza Jillani 7pm-8pm   FREE</p>	<p><b>FREE WEBINAR</b> 5 SEPT</p> <p>An Introduction to Celestial beings with Zakia Kazi 7pm-8pm   FREE</p>	<p><b>ONLINE TRAINING</b> 6 SEPT</p> <p>Happiness Coaching Module 1 with Rajesh Singh Sept. 6 -9, 13 -16, 20 -23, 27 -30 6:30pm-9:30pm   Sept. 10, 17, 24, Oct. 1   11am-1pm / 2pm-5pm AED 2555/-</p>	<p><b>ONSITE MOON BASED MEDITATION</b> 7 SEPT</p> <p>Indigo Aura Activation Crystal Grid New Moon Meditation with Gurbani Kaur 7pm-8pm   AED 150/- (Limited to 7 seats only)</p> <p><b>FREE WEBINAR</b> 7 SEPT</p> <p>How can Thetahealing Help you Navigate Life, Your life, and the Life of the One's You Love in a Better Easy Way with Farah Hamdan 7pm-8pm   FREE</p>	<p><b>ONSITE/ONLINE WORKSHOP</b> 8 SEPT</p> <p>Women's Wellness Wednesday: Fire Ceremony with Hifza Jillani 6pm - 8pm   AED 100/- (Limited to 7 seats only)</p>	<p><b>ONSITE/ONLINE MEDITATION</b> 9 SEPT</p> <p>Third-Eye Shielding against Evil Eye with Centering &amp; Grounding Meditation with Nishi Kaur 7pm-8pm   AED 120/- (Limited to 7 seats only)</p>	<p><b>ONSITE TRAINING!</b> 10 SEPT</p> <p>Hypnotherapy Level 3 with Rajesh Singh September 10th-12th / 17th-18th 10am - 6pm   AED 3630/-</p> <p><b>ONSITE WORKSHOP</b> 10 SEPT</p> <p>Family Constellation Workshop with Irina Khanna 10am - 6pm   AED 899/-</p>
<p><b>ONSITE/ONLINE MEDITATION</b> 11 SEPT</p> <p>Trance Meditation: Connect with your Intuition with Hifza Jillani 7pm-8pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>FREE WEBINAR</b> 12 SEPT</p> <p>Become Whole Through Breathwork and Vow of Silence with Hifza Jillani 6pm-7pm   FREE</p>	<p><b>FREE WEBINAR</b> 13 SEPT</p> <p>Why Full Moon Kundalini Ritual is Key to Spiritual Awakening with Hifza Jillani 6pm-7pm   FREE</p> <p><b>ONSITE MEDITATION</b> 13 SEPT</p> <p>Mantra Meditation Om Chanting with Nishi Kaur 7pm-8pm   AED 70/-</p>	<p><b>ONSITE/ONLINE MEDITATION</b> 14 SEPT</p> <p>Trance Tuesday Meditation: Connect with your Higher Self with Hifza Jillani 7pm-8pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>FREE WEBINAR</b> 15 SEPT</p> <p>The Significance of Autumn Equinox Circle with Hifza Jillani 6pm-7pm   FREE</p>	<p><b>ONSITE/ONLINE WORKSHOP</b> 16 SEPT</p> <p>Trippy Thursdays: Shamanic Trance Dance with Hifza Jillani 7pm - 8pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>ONSITE TRAINING!</b> 17 SEPT</p> <p>A Course in Celestial Beings - An Introduction to the Celestial Worlds with Zakia Kazi 10am - 6pm   AED 999/-</p> <p><b>FREE WEBINAR</b> 17 SEPT</p> <p>Why Saturn Return Changes Your Life Upside Down with Hifza Jillani 6pm-7pm   FREE</p>



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ONSITE/ONLINE WORKSHOP 18 SEPT</b></p> <p><b>Alchemy of Breath: Vow of Silence Retreat with Hifza Jillani</b></p> <p>6pm-8pm   AED 350/- (Limited to 7 seats only)</p>	<p><b>ONSITE/ONLINE MEDITATION 19 SEPT</b></p> <p><b>Life &amp; Soul Energy Alignment Meditation with Nishi Kaur</b></p> <p>7pm-8pm   AED 120/- (Limited to 7 seats only)</p>	<p><b>ONSITE MEDITATION 20 SEPT</b></p> <p><b>Kundalini Full Moon Ritual: Spiritual Awakening with Hifza Jillani</b></p> <p>6pm-8pm   AED 150/- (Limited to 7 seats only)</p>	<p><b>ONSITE MOON BASED MEDITATION 21 SEPT</b></p> <p><b>Psychic Self-Protection Crystal Grid Full Moon Meditation with Gurbani Kaur</b></p> <p>7pm-8pm   AED 150/- (Limited to 7 seats only)</p>	<p><b>ONSITE WORKSHOP 22 SEPT</b></p> <p><b>Autumn Equinox: Harvest the Energy of 'You' with Hifza Jillani</b></p> <p>6pm-8pm   AED 250/- (Limited to 7 seats only)</p>	<p><b>ONSITE/ONLINE MEDITATION 23 SEPT</b></p> <p><b>Align with the Divine Father Meditation with Nishi Kaur</b></p> <p>7pm-8pm   AED 120/- (Limited to 7 seats only)</p>	<p><b>ONSITE TRAINING 24 SEPT</b></p> <p><b>Hypnotherapy Level 1 with Rajesh Singh</b></p> <p>September 24th - 25th 10am - 6pm   AED 1530/-</p>
			<p><b>FREE WEBINAR 21 SEPT</b></p> <p><b>Boost your Spiritual Path through Learning Reiki with Hifza Jillani</b></p> <p>7pm-8pm   FREE</p>	<p><b>FREE WEBINAR 22 SEPT</b></p> <p><b>Introduction to the World of Theta healing and its Day to Day Benefits on our Lives with Farah Hamdan</b></p> <p>7pm-8pm   FREE</p>		<p><b>FREE WEBINAR 24 SEPT</b></p> <p>ندوة مجانية باللغة العربية! كم من اهتمام لذاتك يمكنك أن تحصل عليه اليوم 7pm-8pm   FREE</p>
<p><b>ONSITE/ONLINE MEDITATION 25 SEPT</b></p> <p><b>Trance Meditation: Meet your Inner Child with Hifza Jillani</b></p> <p>7pm - 8pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>ONSITE/ONLINE WORKSHOP 26 SEPT</b></p> <p><b>Astrology Series: Discover Saturn Your Soul's Purpose with Hifza Jillani</b></p> <p>6pm-8pm   AED 150/- (Limited to 7 seats only)</p>	27 SEPT	<p><b>ONSITE/ONLINE MEDITATION 28 SEPT</b></p> <p><b>Trance Tuesday Meditation: Cleanse Destructive Energy with Hifza Jillani</b></p> <p>7pm-8pm   AED 80/- (Limited to 7 seats only)</p>	<p><b>FREE WEBINAR 29 SEPT</b></p> <p><b>What would be a Healing Journey with Theta Healing? with Farah Hamdan</b></p> <p>7pm-8pm   FREE</p>	<p><b>FREE WEBINAR 30 SEPT</b></p> <p>ندوة مجانية باللغة العربية! علوم الطاقة مع منى هاسي 6pm-7pm   FREE</p>	
					<p><b>ONSITE/ONLINE MEDITATION 30 SEPT</b></p> <p><b>Temple of Love - Your Mother's Womb (The Closure Ritual of Past Account). with Nishi Kaur</b></p> <p>7pm-8pm   AED 100/- (Limited to 7 seats only)</p>	

**WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.**

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

\*Online Payment is available through our Website or Pay Tabs link.

\*For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (\*T & C Apply)

**We would request your support on this. #staysafe**



**FREE ONLINE MEDITATIONS**

**SPECIAL RATE FOR AN ONLINE 1-ON-1 PRIVATE SESSION**

**SPECIAL DISCOUNTS FOR ONLINE CERTIFIED TRAINING**

**COURSES**